



Mediterranean Pediatric
Association for Children's Health

TPNH²
GROUP

BUCHAREST PEDIATRIC EXCELLENCE FORUM 2026

Advancing Pediatric Excellence in the Heart of Europe



10 & 11
JULY, 2026



SHERATON HOTEL BUCHAREST
Bucharest, Romania



TOPICS TO BE DISCUSSED

- | | | | | | |
|---|--|--|----|--|---|
| 1 | | Pediatric Obesity & GLP-1 Therapies | 6 | | Precision Nutrition & Personalized Pediatrics |
| 2 | | Gut Microbiota & Microbiome Therapeutics | 7 | | Functional GI Disorders in Children |
| 3 | | Cow's Milk Protein Allergy (CMPA) & Food Allergies | 8 | | Brain Development & Cognitive Nutrition |
| 4 | | Early-Life Nutrition & Long-Term Programming | 9 | | Rare Diseases in Pediatrics |
| 5 | | Pediatric Immunity & Vaccination Updates | 10 | | Latest Update on Asthma Management |

Connecting **pediatricians** through **scientific excellence**,
outstanding organization.



Pediatric
Gastroenterology



Nutrition



Neonatology



Clinical
Practice Updates

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Organized by
TPNH² GROUP
EDUCATE • CONNECT • ELEVATE





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8:30 – 9:00	Day 1, Friday July 10 Registration & Welcome Coffee	
	Ballroom	
9:00 – 9:25	CMPA: Practical Approach and Guidelines	Prof. Marta Tavares, Portugal
9:25 – 9:30	Q/A	
9:30 – 9:55	Constipation: Clinical Cases	Dr. Plukchi Iulia, Romania
9:55 – 10:00	Q/A	
10:00 – 10:25	FGID'S What every pediatrician should know	Prof. Marta Tavares, Portugal
10:25 – 10:30	Q/A	
10:30 – 11:00	Coffee Break	
11:00 – 11:25	CD: ESPGHAN Diagnosis Guidelines	Dr. Plukchi Iulia, Romania
11:25 – 11:30	Q/A	
11:30 – 12:10	Interpretation of Common Tests in Pediatric Gastro Hepato What the Pediatrician needs to Know?	Dr. Mohamed El Messerey, Dubai
12:10 – 12:20	Q/A	
12:20 – 12:45	Human Breast Milk: What's Known, Less Known & Unknown?	Dr. Emre Dincer, Istanbul
12:45 – 12:50	Q/A	
13:00 – 14:00	Lunch Break	
14:00 – 14:25	Beyond Weight: Raising Children Without Shame or Stress	Dr. Jorge Munoz, Spain
14:25 – 14:30	Q/A	
14:30 – 14:55	Picky Eater and Hidden Hunger	Dr. Said ElDeib
14:55 – 15:00	Q/A	
15:00 – 15:25	NEC Updates	Dr. Ibrahim Alhifzi
15:25 – 15:30	Q/A	
15:30 – 16:30	Closing Conference Day 1 Remarks	



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8:30 – 9:00	Day 2, Saturday July 11 Registration & Welcome Coffee	
	Ballroom	
9:00 – 9:25	TPN: Indications and Complications	Dr. Emre Dincer, Istanbul
9:25 – 9:30	Q/A	
9:30 – 9:55	Neonatal Jaundice: what's New	Dr. Fawaz Al Rifaii
9:55 – 10:00	Q/A	
10:00 – 10:25	Feeding without Fear: How Anxiety is Changing Childhood Nutrition	Dr. Jorge Munoz, Spain
10:25 – 10:30	Q/A	
10:30 – 11:00	Coffee Break	
11:00 – 11:25	Pre Pro and Post Biotocs	Dr. Said Eldeib
11:25 – 11:30	Q/A	
11:30 – 11:55	Feeding Preterm Signs of Maturity	Dr. Mohamed El Messerey, Dubai
11:55 – 12:00	Q/A	
12:00 – 12:25	Probiotics in NICU	Dr. Ibrahim Alhifzi
12:25 – 12:30	Q/A	
12:30 – 12:55	CD Nutritional Management	Prof. Marta Tavares
12:55 – 13:00	Q/A	
13:00 – 14:00	Lunch Break	
14:00 – 14:25	HMO What are we waiting so far?	Dr. Emre Dincer
14:25 – 14:30	Q/A	
14:30 – 14:55	Food Allergies Roadmap	Dr. Jorge Munoz
14:55 – 15:00	Q/A	
15:00 – 15:25	Allergy vs Sensibility, Are they different or not?	Dr. Mohamed El Messerey
15:25 – 15:30	Q/A	
15:30 – 16:30	Closing Conference Day 2 Remarks	