

Early Life Nutrition Symposium, Building the Foundation for Life Long Health

From Science to Practice

Uniting knowledge, experience and innovation
to improve the health of our children
and shape a **healthier future**.



2-3
OCTOBER 2026
ISTANBUL, TÜRKİYE



REGISTRATION FEE:
\$750 USD



LEADING EXPERTS
International & Regional
Faculty



**EVIDENCE-BASED
SCIENCE**
From research to
clinical practice



CONNECT
Network with peers,
societies & institutions



**FOCUS ON CHILDREN
& NEWBORNS**
Better care today,
healthier generations tomorrow



**EACCME®
ACCREDITED**
European CME
accredited event



ABOUT TPNH2 GROUP

Since 2017, TPNH2 Group is devoted to organizing high-quality, accredited medical education events that create bridges between scientific persons, healthcare professionals, scientific societies and universities.



5+
Pediatric Events
Every Year



**Europe &
Middle East**



**EACCME®
Accredited**

*Let's advance together
for our children's health.*



www.tpnh2group.net



info@tpnh2group.net

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*Building
Bridges
Improving Lives*

DAY 1	FRIDAY, OCTOBER 2
TIME	PROGRAM
8:30 – 9:00	Registration & Welcome Coffee Early Life Nutrition
9:00 – 9:25	Human Milk Components and Next-Generation Infant Nutrition Q/A
9:25 – 9:30	HMOs: Unlocking the Science of Human Milk Q/A
9:30 – 9:55	Brain development and nutrition Q/A
9:55 – 10:25	Coffee Break
10:25 – 10:50	Faltering Growth & Catch-up Growth
10:50 – 11:00	Identifying children at nutritional risk Q/A
11:00 – 11:25	Monitoring linear growth Q/A
11:25 – 11:50	Nutritional intervention before pharmacological intervention Q/A
11:50 – 12:15	Nutrition for Children with Chronic Diseases Q/A
12:15 – 13:15	Lunch Break
13:15 – 13:30	Closing Conference Day 1 Remarks

DAY 2	SATURDAY, OCTOBER 3
TIME	PROGRAM
9:00 – 9:25	Pediatric Gastroenterology Meets Nutrition
9:25 – 9:30	CPMA: Practical Approach and Guidelines Q/A
9:30 – 9:55	Functional GI Disorders: In the Arab World Q/A
9:55 – 10:00	Celiac Disease: Challenges and Diagnostic Approach Q/A
10:00 – 10:30	Coffee Break
10:30 – 11:00	The Future of Nutrition
11:00 – 11:25	Early Nutrition Programming Q/A
11:25 – 11:30	Nutrition and Immune Health in Young Children Q/A
11:30 – 11:55	Gut Microbiome from Birth to Childhood Q/A
11:55 – 12:00	Precision Pediatric Nutrition Q/A
12:00 – 13:00	Lunch Break
13:00 – 14:30	Closing Conference Day 2 Remarks

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VENUE

Sheraton Istanbul City Center

Experience world-class hospitality
at the **heart of Istanbul.**

Sheraton Istanbul City Center offers the
perfect blend of **modern comfort** and
inspirational surroundings, providing an
elegant setting for knowledge exchange,
collaboration and connection.



ADDRESS

Hacı Ahmet Mah.,
Kurbağalıdere Cad. No:23
34440 Beyoğlu,
İstanbul, Türkiye



Prime Location

In the vibrant
Beyoğlu district,
close to historic
landmarks and
cultural attractions.



Modern Comfort

Stylish rooms and
premium amenities
crafted to ensure
a comfortable and
relaxing stay.



Inspiring Venue

State-of-the-art
conference facilities
designed to foster
meaningful learning
and engagement.



TARGET AUDIENCE

This symposium is designed for

healthcare professionals who are passionate
about advancing child health through
evidence-based knowledge, innovation
and compassionate care.



Pediatricians

Dedicated to
delivering the best
care for children
at every stage
of development.



Pediatric Gastroenterologists

Focused on
diagnosing and
managing digestive
health and nutritional
disorders in
children.



Neonatologists

Committed to
improving outcomes
for newborns
through expert
and compassionate
care.



Clinical Nutritionists

Advancing optimal
nutrition to support
growth, development
and long-term
well-being.



General Practitioners

Playing a vital role
in promoting
child health in
communities
every day.

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for our children's health.



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